

Removing Gloves

THROUGHOUT THE COVID-19 PANDEMIC



TO PROTECT YOURSELF, USE THE FOLLOWING STEPS TO REMOVE GLOVES



1. Grasp the outside of one glove at the wrist **without** touching your bare skin.



2. Peel the glove **away** from your body, pulling it inside out.



3. Hold the glove you just removed in your gloved hand.



4. Peel off the second glove by putting your fingers inside the glove at the top of your wrist.



5. Turn the second glove inside out while pulling it **away** from your body, leaving the first glove inside the second.



6. Dispose of the gloves safely.
Do not reuse the gloves.



7. Wash & **sanitize** your hands immediately after removing gloves.